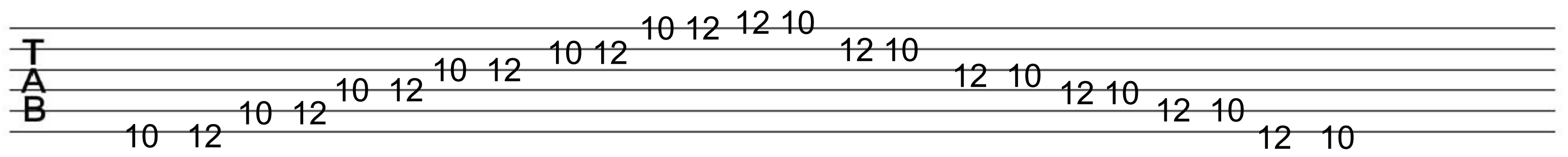


# Finger Strength Exercise 3

60 to 100 BPM



L.H.F: 3 4 3 4 3 4 3 4 3 4 3 4 4 3 4 3 4 3 4 3 4 3