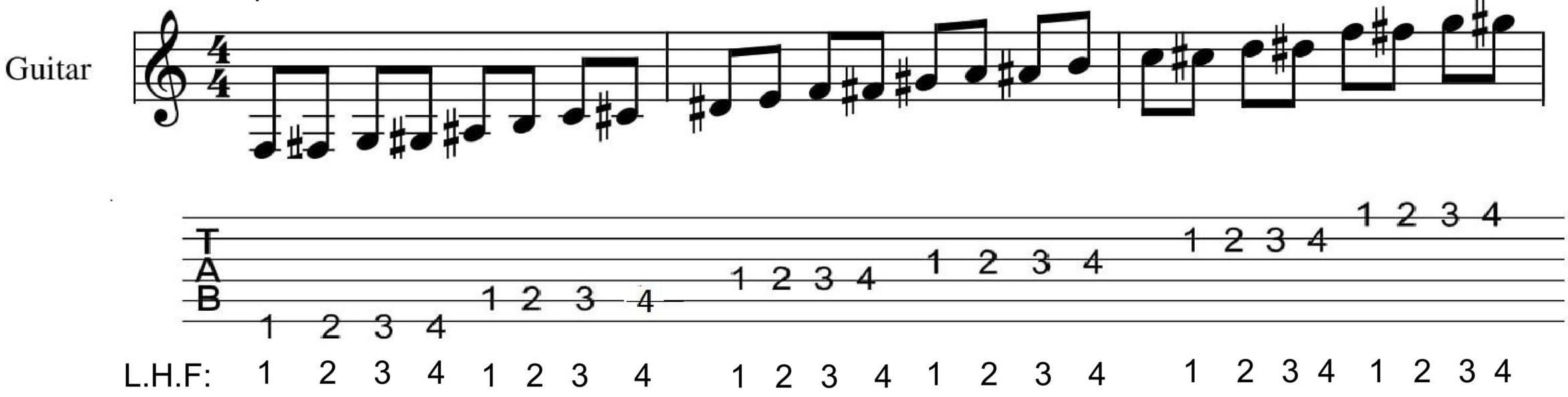
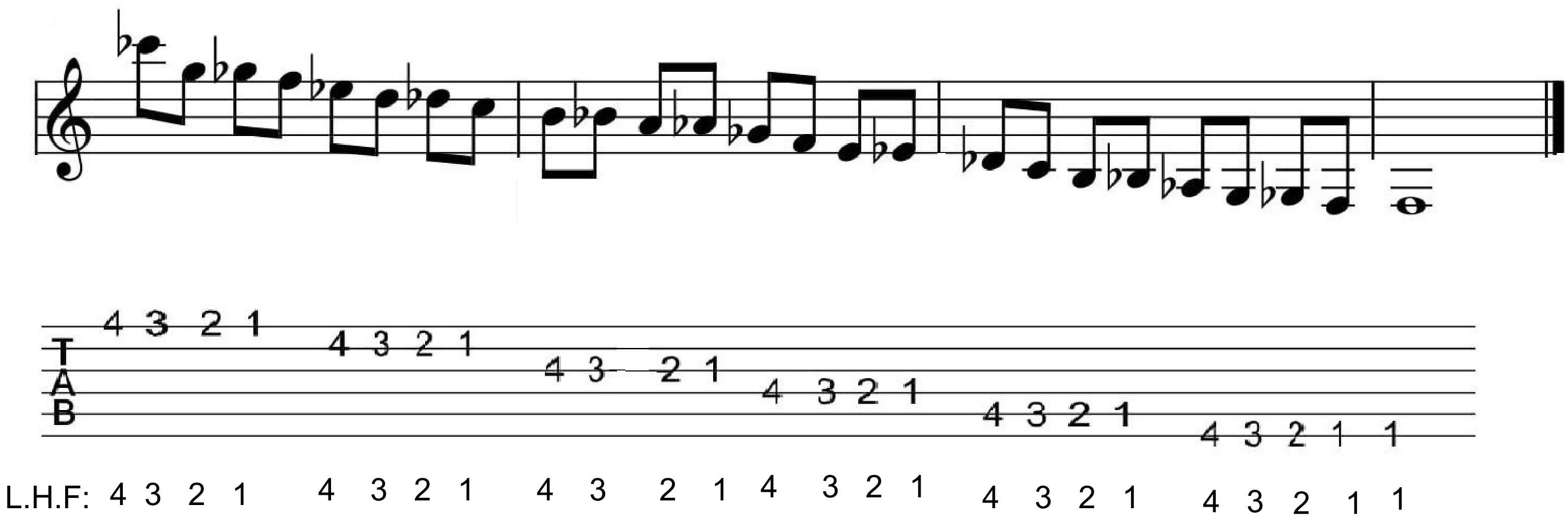
Finger Strength Exercises

practice between 60 to 100bpm

Example #1: Chromtic exercise